

# Packing Tips



## *What to Pack:*

- PASSPORT & passport pouch or money belt**
- ATM card, credit card, and/or traveler's checks**
- Toiletry items, washcloth**
- Travel alarm clock (battery powered)**
- Sunglasses, sunscreen and insect repellent**
- Small backpack (use as your carry-on)**
- Camera, extra film (pack only in your carry-on) or extra memory cards**
- Extra batteries** or rechargables with charger
- Ziploc bags** are handy for wet clothes & towels, shampoo bottles, etc.
- Laundry Detergent** (small amount for hand washing clothes; some shampoos work well too)
- Prescription and/or over-the-counter medications** you may need (pain relievers, antacids, Dramamine, etc.) All medication must be in its original container.
- Pens and/or pencils**
- Pre-printed address labels** for sending postcards
- Small pocket calculator** for converting prices
- Converter and/or adapter plug** for hair dryer or any other electric appliance
- Playing cards, travel games, 1 or 2 books, magazines**
- Pocket dictionary**
- Swimsuit**
- Socks & underwear** (enough for each day of the tour, unless you plan on hand washing)
- 2-3 pair nice pants/jeans and/or shorts** (no holes or tears, each pair to be worn several times)
- 4-5 short-sleeved shirts** (plan on wearing each more than once)
- 1 sweatshirt, sweater or light jacket**
- Umbrella** (travel size)
- 2-3 pairs of shoes** comfortable for walking

# Packing Tips (continued)



## *What NOT to bring:*

- X Anything you would be devastated to lose**
- X Jewelry**, including expensive watches
- X Electronic equipment** (personal DVD players, iPods, etc.)
- X Overly patriotic clothing**
- X Offensive clothing**
- X Bulky sweatshirts**
- X Rolling carry-on bags** (like flight attendants use)